## MAHAMUDRA MEDITATION RETREAT

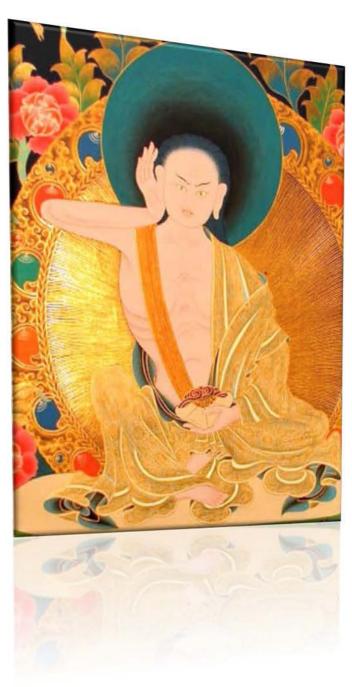
JUNE/JULY/AUGUST 2014

LYFJABERGT SWEDEN



The bases of Samatha and Vipassana create the possibility to enter into the great mystery of Meditative Tantra that often has been misinterpreted in our culture.

In this retreat in Sweden it'll be explained, practiced and developed so that you can bring it into your everyday life, the possibility of a continuous development of spirituality, that is called liberation through the pleasure of the way and sharing.



Place of celebration; Lyfjabergt Holistic Center. Bergsjö Sweden

Date; June/July/August 2014.

You are welcome to participate from fifteen days (Minimum period of participation), Up to the three months the full extension of the retreat.



More information www.lyfjabergt.com or write to laastrup@yahoo.com or lennart@lyfjabergt.com

